Death as a Spiritual Teacher

with David Chernikoff

Wednesday December 16th

11:00am - 12:30pm ET | 10:00am - 11:30am CT
9:00am - 10:30am MT | 8:00am - 9:30am PT
Find the time in your area HERE

The spiritual path has been described as a constant process of opening and letting go. As Ram Dass put it in his classic book, *Remember: Be Here Now*, "What is happening to you is nothing less than death and rebirth. What is dying is the entire way in which you understood 'who you are' and 'how it all is'."

Learning to fully embrace the impermanent nature of reality is a key aspect of the perennial wisdom teachings and a central task of conscious living. In a caring, supportive learning community, we will come to terms with our mortality, learn to celebrate our lives, and explore ways to joyfully serve the sacred mystery that is beyond concepts of life and death.

The teacher will give a talk, and we will have experiential exercises and opportunities for heartfelt sharing with like-minded new and old friends. Please join us for what promises to be an uplifting invitation to live fully, love well, and die peacefully.



David Chernikoff is a meditation teacher and spiritual guide who taught psychology and meditation at Naropa University for many years.

In the early 1980s he worked at Ram Dass's Hanuman Foundation Dying Center in Santa Fe, New Mexico, and then became the director of Mesilla Valley Hospice in Las Cruces, N.M. David later spent three years in Nepal doing public health development work for the Seva Foundation and studying with Tibetan Buddhist teachers.

After returning to the US, David became the education and training director for the Spiritual Eldering Institute, now called Sage-ing International. Currently, he is the guiding teacher of the Insight Meditation Community of Colorado and teaches retreats and workshops throughout the US.

David is the author of ***Life, Part Two: Seven Keys to Awakening with Purpose and Joy as You Age.***

For more information about David and his work, please click HERE.

Fees on a Sliding Scale:

Supporter $45 * Basic $40 * Reduced $25
Limited Number of Scholarships Available

***Click HERE to* Register**

For more information contact Rosemary Cox at
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